



Brief report

Dheeksha was a seven-day annual in-house NSS camp conducted by unit no. 557 at the College of Engineering Cherthala campus under the supervision of Program Officer Prof. Priyakumar T N. Aroor MLA Smt.Daleema Jojo inaugurated the camp. The camp mainly focused on improving the social values of the volunteers on an everyday basis. The camp had a total attendance of 44 students. Every day of the camp began with a yoga session carried over by one of our volunteers to strengthen the body and mind. The camp was filled with social

activities, awareness programs, and campus cleaning and beautification activities. Sparsham 2021, an anti-drug campaign jointly organized by the NSS and Excise department of Kerala was conducted on 27th December. Beach cleaning activities, visiting houses, and providing them with necessary items and surveys were also conducted during the camp. The camp also had many seminars and interactive sessions.

Main activities

- Sparsham 2021, the anti-drug awareness program jointly organized by the National Service Scheme and Excise Department of Kerala was conducted. As a part of this house campaign, a flashmob at the Cherthala KSRTC bus stand and the lighting of liberation flame(VIMUKTHIJWALA) was done.
- Uyare 2.0, providing necessary items to needy households was conducted.
- Paper bag making was conducted and provided to houses.
- Beach cleaning at Arthunkal beach
- Orientation program by Fire and Rescue Officers.
- Seminar by Preventive Officer Excise
- Interactive session by previous program officer Radhakrishnan Sir.
- Seminar on Health and Lifestyle by Haridas sir.
- Farming and campus beautification activities.

Important visitors

- Sri.A. M. Ariff - Member of Parliament
- Smt.Daleema Jojo - Aroor MLA
- Smt. Sherley Bhargavan- Municipal Chairperson ,Cherthala
- Sri. Sudheesh T S - Prsident, Chennam Pallipuram Grama Panchayath
- Smt. Minimol Surendran- Ward Member
- Prof. Jimmy John - Pevious Program Officer
- Prof. Radhakrishnan - Previous Program Officer

Day to Day Report

Day 1:

The first day of the camp started at 2 pm. The 7-day camp was officially inaugurated by Smt. Daleema Jojo. Program Officer Prof. Priyakumar T N gave the welcome speech. College of Engineering Cherthala Applied Science HOD Prof.Sarakutty KJ gave the presidential address. The keynote address was given by Sri. Sudheesh T S, President Chennam Pallipuram Grama Panchayat, and felicitations were given by Minimol Surendran, Ward Member. The program ended with a vote of thanks by Volunteer Seceretary

The rest of the day went on by adjusting with the camp, arranging rooms, dividing groups, and assigning duties to each group on a rotation basis.

Day 2:

Day two began with a yoga session in the morning headed by one of our volunteers. Then after hoisting the NSS flag and having breakfast one group of students went for House Campaigning and another group stayed at the college making placards for the Awareness program 'SPARSHAM 2021' conducted jointly by the National Service Scheme and Excise Department of Kerala. After lunch, the day was spent doing preparations for the awareness program at Cherthala bus stand which included a flashmob and lighting of The Liberation Flame 'Vimukthijwala'. At around 5.30 in the evening, volunteers visited the Cherthala KSRTC Bus Stand and did the flashmob. The gathering was presided by Ashok Kumar sir, Preventive Officer Excise. Then after lighting the liberation flame, students made their way back to the campsite.

The day ended with cultural activities.

Day 3:

Day 3 started well with morning exercise. After having breakfast, volunteers formed two groups and went to clean the water bodies around the college and beautify them and preserve them as they are an important natural resource. Waste materials around the water bodies were cleared and all the waterweed and moss in the water was cleared. The area around the water body was also cleaned and maintained. These activities came to an end by lunch.

After lunch students started their work in making paper bags for the home visit. Paper bags were made using old newspapers. This activity ended by evening.

Day 4:

Day 4 of the camp started at around 6.30 am with a yoga session as usual. After getting fresh and having breakfast students went on to continue the campus cleaning and beautification activities while the food committee stayed behind to cook. Plastic waste all around the college was collected and gathered around to be discarded properly. A plastic-free campus is a long-term goal of our unit. These activities came to an end by lunch.

After lunch at 2 pm, Sri. A M Ariff (Member of Parliament) visited our camp and glorified us with his inspiring words. He provided his good wishes to the camp. Our Principal Dr.Vinu Thomas also joined the meeting.

After the session with Ariff sir, volunteers took a break to play some games, and then the day ended at around 10 pm.

Day 5:

Day 5 of the camp was a very fruitful day for the volunteers. The day started at 6.30 am with the usual sessions and breakfast. After breakfast, one group of volunteers gathered around to do the remaining water body cleaning activity and college beautification. Another group went to nearby poor village areas with carrying bags made on the previous day and provided them with some necessary items like pencils, pens, papers sanitary pads, etc, and also other things on their request. The volunteers came back together for lunch at the college canteen.

After lunch by 1.30 pm, Prof.Radhakrishnan sir, the previous program officer of NSS unit 557 came to visit the camp. He entitled us with his kind words and motivated us to be better volunteers. His orientation helped volunteers to understand the importance of self-development and introspection.

After the session at around 3.30 pm, volunteers went on their way to Arthungal beach to carry out a beach cleaning activity on a small scale. Our program officer joined us in the activity. We did the best we could on the beach. We reached back to the camp by 6.30 pm.

Day 6:

Day 6 started at 6.30 am with exercises. After breakfast at 9.30 am 2 officers from Fire and Rescue joined us to provide an interactive session on safety during fires. Detailed understanding about the usage of fire extinguishers and other pieces of types of equipment were given. Volunteers were made capable to handle an emergency.

After the session by Fire and Rescue, at 11 am Preventive Officer from excise Sri. Ashok Kumar joined us to give a session on anti-drug awareness. He helped everyone understand the importance of staying sane by focusing on the facts and also describing events from his experience at excise. The session was very informative.

After having lunch one group of students went to make a small plastic booth behind the college to collect plastic wastes like bottles, covers, etc. Another group of students went on to do the remaining campus beautification activities and planting activities around the campus. Our senior volunteers also visited us and accompanied us at the camp that day.

The day came to an end after some cultural activities and programs were conducted concerning the New Year 2022.

Day 7:

Day 7, the last day of the camp started as usual. After breakfast, an orientation session was taken by Haridas sir. The session was based on Health and Lifestyle. Sir explained many things about health and diseases based on the new lifestyle. The orientation ended at 11 am. After that, a small experience-sharing session was conducted only with volunteers. Everyone shared their beautiful moments and experiences from the camp.

After lunch, The closing ceremony was conducted at 2 pm. The closing ceremony was inaugurated by Smt. Shirley Bhargavan, Municipal Chairperson Cherthala. She motivated the volunteers with her kind words. The closing ceremony was also accompanied by our Principal Dr. Vinu Thomas, Prof. Manilal (Academic Co-ordinator), Anil sir (PTA secretary), and our Program Officer Prof. Priyakumar T N.

Attendance Register

	Admission No.	S.No.	NAME	Days						
				Sat	Sun	Tue	Wed	Thurs	Fri	Sat
		1	Aabdul Foadheen M.N	x	x	x	x	x	x	
		2	Abckilla Hashim	x	x	x	x	x	x	
		3	Arsalazpa B	x	x	x	x	x	x	
		4	Akash	x	x	x	x	x	x	
		5	Akhil P.B	x	x	x	x	x	x	
		6	Aksarja S	x	x	x	x	x	x	
		7	Amal Shathees	x	x	x	x	x	x	
		8	Analo P Xavier	x	x	x	x	x	x	
		9	Anantha B.S	y	x	x	x	x	x	
		10	Anjaly L	y	y	x	y	x	x	
		11	Ann Wilfred	a	a	a	a	a	a	
		12	Anu Musaleedharan	x	x	x	x	x	x	
		13	Anusree Ganap Nair	x	x	x	x	x	x	
		14	Aparna V.S	x	x	x	x	x	x	
		15	Ashana K. Rasel.	x	x	x	x	x	x	
		16	Ashik Bijul	x	x	x	x	x	x	
		17	Ashik Shenavas	x	x	x	x	x	x	
		18	Ashish Sebastian	x	x	x	x	x	x	
		19	Ashmi P.K	x	x	x	x	x	x	
		20	Aswathi B	a	a	a	a	a	a	
		21	Avitha Ashok	x	x	x	x	x	x	
		22	Bastin Babu	x	x	x	x	x	x	
		23	Devaprison P.R	x	x	x	x	x	x	
		24	Faiy Anwar T	x	x	x	x	x	x	
		25	Krishna U	x	x	x	x	x	x	
		26	Jibi Thomas	x	x	x	x	x	x	
		27	Jineesta S	x	x	x	x	x	x	
		28	Kashti Am	
		29	Krishnalatha G	x	x	x	x	x	x	
		30	Krishnapriza P.R	x	x	x	x	x	x	
		31	Loo Johnson	a	a	a	a	a	a	
		32	Marietha K	x	x	x	x	x	x	
		33	Midbul K Jose	x	x	x	x	x	x	
		34	Mohammed Rifan Harrison	x	x	x	x	x	x	
		35	Niran K.R	x	x	x	x	x	x	
		36	Nitin Raj R	x	x	x	x	x	x	
		37	Nihans Nizar	x	x	x	x	x	x	
		38	P.Haritha shaji	x	x	x	x	x	x	
		39	Ravathy K.S	x	x	x	x	x	x	
		40	Rashmi Motion	x	x	x	x	x	x	
		41	Rathin S	a	a	a	a	a	a	
		42	Sankar Anil	x	x	x	x	x	x	
		43	Sampath Subhash	x	x	x	x	x	x	
		44	Sanjeev shaji	x	x	x	x	x	x	
		45	Sivakumar I.R	
		46	Sheba .P	x	x	x	x	x	x	
		47	Szelekshoni C.J	x	x	x	x	x	x	
		48	Sauthy. S. Naiz	x	x	x	x	x	x	
		49	Vimal Varqese	x	x	x	x	x	x	
		50	Vishrupriza k.s.	x	x	x	x	x	x	

Photos of Camp













